Valley Highlights

MYER CHERNEY HOLDINGS LIMITED

August 4, 2016

Not that we're complaining about the heat;

If you are operating an air conditioner this season, keep a pail under the unit to collect the excess water removed from the air. Remember to empty the pail daily to prevent property damage or overflow onto your balcony and those of your neighbours below.

Valley High 2 Annual Barbecue...

See you on *Tuesday, August 30, 2016 between 4:30pm and 6:30pm*. The signup sheet will be posted at the Valley High 2 office during the month of August.

Local Events...

Attend a free concert or two at Del Crary Park courtesy of *Peterborough Musicfest*! Catch the *Century 21 Lakers* major series lacrosse playoff action at the Memorial Centre! Come on over to Millennium Park on August 19th for a free, outdoor summer family film experience...show starts at dusk courtesy of Ben van Veen!

Operating a BBQ on your balcony...

Should you choose to use a barbeque on your balcony, Myer Cherney Holdings Limited supports use of the electric variety only! Peterborough Fire Services neither approves nor regulates balcony propane or charcoal barbecuing due to the potential to leak propane or spread fire. Safety is our priority!

Telephone building access systems...

Remember to remind family and visitors to Valley High 2 to enter the call numbers for your unit slowly and to speak directly into the speaker. To unlock the door, press '9' on your telephone keypad. To refuse entry to the building, simply 'hang up' or press '4'. Please keep in mind; never buzz anyone into the building you don't' know!

Request for maintenance repairs... these forms are always available outside the Valley High 2 office door. Your name, unit number, date, description of work required and your signature need to be filled in. Submit these forms in person during office hours or place them in the mail slot when the office is closed.

Balcony gardens...

Gardening season is in full swing. Ensure saucers are placed under all plant containers. Try self-watering devices such as ceramic water probes or water globes. Watering first thing in the morning is better for your plants. Avoid overwatering. Be considerate of your neighbours below.

Heat Stress...

It can be deadly!! Symptoms include weakness, fatigue and dizziness. Protect yourself:

- ✓ Check the local weather forecast and weather alerts so you know when to take extra care!
- ✓ Stay hydrated. Drink plenty of cool liquids, especially water, before you feel thirsty.
- ✓ Wear light, loose clothing.
- ✓ Reschedule or plan outdoor activities during cooler parts of the day.
- ✓ Always use sunscreen and keep your head covered outdoors.

Should you have an emergency after hours, please call <u>705-876-1717</u> and press '5'.



August generator testing...Scheduled testing of the generator will take place on August 10th and 24th. Please keep your doors and windows shut and refrain from using the exits at the southwest end of the building.

In the event of a power outage:

- Keep your fridge and freezer closed. Some foods can be kept for 24 to 48 hours.
- Ensure electric stove elements, small appliances and electronics are turned off or unplugged to prevent damage in the event of a power surge when the power is restored.
- Use flashlights or battery operated lanterns instead of candles.
- Never use outdoor grills or barbeques indoors.

Stay safe; reduce the risk of fire by following these tips!

Consider dropping into the Peterborough Farmers Markets....every Wednesday at the Louis Street parking lot between 8:30am & 2pm and every Saturday between 7am and 1pm at Morrow Park!! Help support our local farmers!

For everyone's safety...

Stop throwing cigarette butts over unit balconies!! We are in the midst of one of the driest summers on record since 1936! Butt out and always place cigarette stubs in a large, deep ashtray or can! They blow onto neighbouring balconies or the ground if left in shallow receptacles or on the patio floor!

Building quiet hours are in effect from 11pm to 8am each and every day! Be mindful of the effect excessive noise has on your neighbours!

August Office Hours

Monday	Tuesday	Wednesday	Thursday	Friday
1 Closed Civic Holiday	2 6pm – 8pm	3 Closed	4 Closed	5 10am – 12pm
8 Closed	9 4pm – 6pm	10 10am – 12pm Generator Testing	11 Closed	12 10am – 12pm
15 Closed	16 10am – 12pm	17 Closed	18 4pm – 6pm	19 10am – 12pm
22 Closed	23 4pm – 6pm	24 10am – 12pm Generator Testing	25 Closed	26 10am – 12pm
29 4pm – 6pm	30 4pm – 6pm	31 10am – 12pm		

Valley High 2 Office phone number: 705-742-6047