Hey there pet owners...

Every Sunday morning there is a full bag of used cat litter in the green pet waste container at the west end of the building. Apparently this has been happening for quite some time now! Cat litter must be bagged and placed directly in the garbage all the time!!

Floor and Carpet cleaning...

Stay tuned. Over the next few weeks, the carpets will be cleaned and the floors stripped and waxed. Notices will be posted to keep you informed of the specific dates and times. Please continue to ensure that all personal items are stored inside your unit at all times.

Few things can match the enjoyment of a barbecue...

Should you choose to use an electric BBQ on your balcony, please keep in mind: these appliances must bear the Canadian Standards Association, CSA, certification mark. Always follow the manufacturer's instructions! Extension cords must be certified for outdoor use, have a three prong grounding plug and be rated for the amperage that is required by the barbecue. The cord must be unplugged when not in use and out of the way to prevent tripping!

Exercise Room...

Our new treadmill is ready for use! Regular fitness training can improve the quality of life in so many ways:

- ✓ a healthier heart
- ✓ improved muscle tone
- ✓ increased energy levels
- ✓ weight loss

Please remember to turn the fan off in the exercise room when you finish your workout!

Air Conditioner units...

If you are operating an air conditioner this season, keep a pail under the unit to collect the condensate removed from the air. Remember to empty the pail daily to prevent overflow onto your balcony and those below you.

After hours emergencies... Should you have an *emergency* after hours, please call **705-876-1717** and press **'5'**.

Balcony gardens!

Gardening season has finally arrived! Watering first thing in the morning is best for your plants. Avoid overwatering or try selfwatering gadgets such as ceramic water probes or water globes. Ensure saucers are placed under all plant containers. Take into consideration your neighbours below.

With all due

respect... Nothing shall be thrown by tenants, their families, guests or visitors out of the windows, doors or off unit balconies. We have received complaints; mats are being shaken and debris swept over balconies on the north and south sides of Valley High 2. The dust and litter falls onto neighbouring balconies below! Be aware of the impact your actions have on your community!

June generator

testing... Scheduled testing of the generator will take place twice in June; the 8th and 22nd. Keep your doors and windows shut and refrain from using exits at the southwest end of the building.



Keep your apartment cool!

- Keep the sunlight out by closing blinds, drapes and shades, especially on south and west facing sides of the building.
- Use white or light coloured window dressings to reflect the heat.
- Moving air is cooler air. Portable fans can make it feel 3 to 4 degrees cooler.
- Use heat generating appliances during the coolest part of the day.
- Summer can be *hot* and *humid!* Follow the above tips to help keep your apartment cool!

Of Local Interest...

The Greater Peterborough Chamber of Commerce presents the **2016** Senior Showcase on Wednesday, June 15th between 9:30am and 4:30pm at the Peterborough Sport and Wellness Centre. The 100+ exhibitors offer products, services, demonstrations and free workshops. Free parking and free public admission guarantee a great day! For more information please call 705-748-9771.

Granting building access to your guests through the telephone access system:

- Guests must key in your code number followed by the '#' key.
- When you answer the phone, you are communicating with your guest.
- Press '9' on your telephone keypad to unlock the door.
 To refuse entry 'hang up' or press '4'.

Building quiet hours are in effect from 11pm to 8am each and every day. Be aware of the effect noise has on those living around you. Please silence wind chimes at night and when you plan to be away!

Keep rubber and foam backed mats out of the laundry machines. The backing tends to crumble and flake off!

June Office Hours				
Monday	Tuesday	Wednesday	Thursday	Friday
			-	_
		1 4pm – 6pm	2 Closed	3 10am – 12pm
6 Closed	7 4pm – 6pm	8 10am – 12pm Generator Testing	9 4pm – 6pm	10 Closed
13 Closed	14 4pm – 6pm	15 Closed	16 10am – 12pm	17 10am – 12pm
20 Closed	21 4pm – 6pm	22 10am – 12pm Generator Testing	23 4pm – 6pm	24 Closed
27 Closed	28 4pm – 6pm	29 10am – 12pm	30 4pm – 6pm	

Valley High 2 office phone number: 705-742-6047