

# Valley Highlights

MYER CHERNEY HOLDINGS LIMITED

January 1, 2019

## Happy New Year

Be always at war with your vices, at peace with your neighbours and let each new year find you a better person. – **Benjamin Franklin**

## Special Thank you...

To Diana Gillespie, Verne & Collette Kish, Carolyn Mason, Ann Frick, Judy Carter and all additional tenants who assisted in planning, shopping, decorating and cleaning for the lobby Christmas Tree decorating ceremony and the Tenant Christmas potluck. Shout out to all tenants who came to the potluck; sounds like a great time had by all!

## Local Events...

Free cooking classes for anyone interested in sharing new recipes, developing skills, learning about nutrition and having fun! The sessions are 4 to 6 weeks long. You will share recipes, prepare a meal, take home cooked food and receive a food voucher. Call Peterborough Public Health to register at 705-743-1000 ext. 316 or by email at [ccwu@peterboroughpublichealth.ca](mailto:ccwu@peterboroughpublichealth.ca).

**Snofest Peterborough** is a great chance for people to be active and social during the winter season. With events spread throughout the City during the month of January, Snofest offers a delightful range of events and activities for children, young people, families and seniors.

Snofest 2019 kicks off on Sunday, January 20 with "Live Outside the Ordinary" at The Peterborough Sport & Wellness Centre. The East Peterborough Lion's Club will host the Mayor's Pancake Breakfast followed by free public swimming and arts & crafts. For more information call the Recreation Division at 705-742-7777 ext. 1873 or visit their website at [www.peterboroughsnofest.ca](http://www.peterboroughsnofest.ca).

## Preposterous.....

A wheeled shopping cart was reported stolen from the underground garage. Contact Bonnie at 705-876-1717 ext. 201 if you have any information regarding thefts. All information will remain confidential. *The storage of any belongings or items other than a vehicle in or around above ground and underground parking stalls is strictly prohibited by the Ontario Fire Code regulations!*

In the event of an **emergency** outside of regular business hours call **705-876-1717** and press '5'. On a rare occasion, you may not reach someone directly. However, be sure to **listen to the recorded message and follow those directions** which will provide you with an alternate emergency contact phone number.

## 2018 Tax Receipts...

Please contact the Valley High 2 or main office to request your 2018 rent receipt for income tax purposes. Allow one week for processing. Receipts will be issued by tenant request only.

## Prepare for the cold weather...

Pay close attention to the local weather forecast. **Avoid opening your windows.** If it gets too hot in your apartment; lower the thermostat to 15.5C (60F). To resolve a persistent issue with heat, fill out a maintenance work request form. This form allows Myer Cherney Holdings Limited staff permission to access your unit to effect repair. *Never turn off the heat completely!*

Available to Cogeco clientele who utilize a digital receiver; for added enhanced security, the surveillance cameras at the front and back entrances of Valley High 2 may be viewed on Channel 399.



Please remember to push garbage all the way down the chute. Bring any garbage too large for the chute down to the 1<sup>st</sup> floor disposal room beside the mailboxes.

**January generator testing...**  
Please keep your doors and windows shut and refrain from using the exits at the southwest end of the building; testing dates are noted on the calendar (see below).

## Prepare for the winter weather...

- ✓ If you see something, say something! Let our staff know if you see anything that could be hazardous to you and other tenants such as black ice near the doors or on the sidewalks.
- ✓ Take care of yourself: eat well, get plenty of sleep, take vitamin supplements, **wash your hands** and cover your coughs and sneezes!
- ✓ Stay up to date on emergency evacuation plans. Unfortunately, winter marks the height of residential fires. Take time to read the 'Fire Safety in High-Rise Buildings' sheet tucked into your mailbox!
- ✓ Protect your property while away on holidays. Lock doors and windows. Put newspapers on vacation hold. Notify family and trusted neighbours of your vacation dates. Have someone regularly check on your apartment while you are away. Unplug electronics and appliances to conserve energy and prevent electrical-related issues.
- ✓ While the winter weather is always unpredictable, take steps to prepare yourself and your apartment for whatever will be thrown our way this season!

January Office Hours				
Monday	Tuesday	Wednesday	Thursday	Friday
	1 Closed <b>Happy New Year!</b>	2 8:30am – 10:30am	3 3pm – 5pm	4 Closed
7 3pm – 5pm	8 8:30am – 10:30am	9 Closed <b>Generator Testing</b>	10 8:30am – 10:30am	11 Closed
14 Closed	15 3pm – 5pm	16 8:30am – 10:30am	17 Closed	18 8:30am- 10:30am
21 3pm – 5pm	22 Closed	23 3pm – 5pm <b>Generator Testing</b>	24 8:30am – 10:30am	25 Closed
28 3pm – 5pm	29 Closed	30 8:30am – 10:30am	31 8:30am – 10:30am	