



# Valley Highlights

MYER CHERNEY HOLDINGS LIMITED

October 1, 2019

## Lang Pioneer Village Museum Applefest...

*Tempt your taste buds with the sweetest event of the year!*  
**Sunday October 6<sup>th</sup> 10am-4pm.** Come out to Lang for a colourful fall celebration of apples and the harvest season. Featuring: \*Horse & wagon rides \*Cider pressing demonstrations at the Cider Mill \*School yard games \*Live music performed by the Lang Traditional Music Club \*Natural dyeing demonstrations at the Fife Cabin \*Antique clocks and timepieces brought by the Quinte Timekeepers \*Jacquard loom demonstrations \*Rug Hooking demonstrations by the Northumberland Rug Hookers \*Shingle mill demonstrations \*Broom making and rope making demonstrations \*Apple stamp craft and Applefest scavenger hunt for kids \* Hot chili and soup served in the Peterborough County Agricultural Heritage Building (Soup & Bun \$6, Chili & Bun \$7) \*Apple treats and cider for sale \*Kettle corn and candy floss sales by Ben's Kettle Corn \*Military drill reenactments\* Pie eating contest at 2 pm (Register at the Museum Shop on the event day- maximum 10 people) \* Fresh cheese curd, bread, apples and cider sales And more! Admission: Adults \$15, Students & Seniors (60+) \$10, Youths (ages 5-14) \$7, Free for children under 5, Family (includes 2 adults and up to 4 youths ages 5-14)\$40 For full details, please visit <http://bit.ly/langapplefest2019>.

## Fall Smoke Detector Blitz...

Our maintenance staff will require access to your unit for the purpose of changing smoke detector batteries and testing the smoke alarm during our annual **FALL SMOKE DETECTOR BLITZ on Tuesday, October 29<sup>th</sup> and Wednesday, October 30<sup>th</sup>, 2019.** Remember, Smoke Alarms save lives!

## Annual Fire Drill...

Trent Security Systems Staff will be on hand Wednesday October 2 between 9:30am and 12:00pm to ensure proper policies and procedures are followed. All Tenants are strongly encouraged to participate. Notices will be posted throughout the building.

**HAPPY  
THANKSGIVING!!**



**Disposing of your Summer Plants...**Any plants you are disposing of and taking down to the garbage room, please bag them first so that Staff members do not have to clean up any fallen leaves and/or dirt that they may leave behind. Thank you!!

## Air Conditioner units...

Fall has officially arrived!! All portable air conditioning units must be removed on or before October 15, 2019. If you require assistance, please fill out a maintenance work request form. Thank you in advance for your cooperation.

## Halloween...

As in previous years, we are pleased to accept donations of Halloween treats to be distributed on Halloween night. Please drop your donations off to the Valley High 2 office during office hours only.

## October generator testing...

Scheduled testing of the generator will take place twice in October; 2<sup>nd</sup> and 16<sup>th</sup>. Keep your doors and windows shut and refrain from using the exits at the southwest end of the building.

### \*\*\*IMPORTANT\*\*\*

Should you have an emergency after regular business hours, please call 705-876-1717 and press '5'.

# HELLO OCTOBER!!!

## FALL IS A BALL!!!



Please contact *Coinamatic Customer Service* directly at **1-800-561-1972** if there is an issue with the clothes washers and/or dryers at Valley High 2. Their friendly Representatives are happy to assist, and can arrange refunds and provide replacement cards if needed!!

The Peterborough Library is hosting a **Job Fair October 17th, 1pm-3pm.** The Job Fair connects hiring companies with hundreds of job seekers from Peterborough and surrounding areas. The Job Fair welcomes any job seeker searching for employment opportunities in different industries (Health Care, Engineering, Administration, Accounting, Transportation, Marketing, Technology, Construction, Manufacturing, and more. The Peterborough Job Fair is a great opportunity to stand out in person in a way that you may not on your resume. Learn more about employers than you can learn from their website. Ask direct questions and information you could not find on the employer's website. Meet employers face to face and sell yourself as a job candidate. **Be valued in person!!!**


### Quick & Easy 15-minute Chicken Pasta...

#### Ingredients

- 2 chicken breasts cut in strips
- 1/2 bell pepper cut in strips
- 2 cloves of garlic diced
- 1 cup marinara sauce
- 1/2 cup mozzarella or Italian blend cheese
- Parmesan cheese optional
- 3 cups cooked pasta 1.5 cups dry pasta
- 1 tablespoon olive oil

1. In a medium sauce pan bring 2 cups of water to boil, pour 1.5 cups of uncooked pasta and 1 tsp salt into the water. Cover and allow to cook for 10 minutes.
2. While the pasta is cooking, cut chicken breasts and bell peppers into strips. Heat pan and pour 1 tablespoon olive oil into pan, and add chicken, garlic, and sliced bell pepper, saute for 5 minutes.
3. After 5 minutes add the marinara sauce and allow to simmer for 5 minutes while pan is covered. Mix well, add the cheese and turn off. The cheese will melt from the heat of the pan.
4. Top with Parmesan and ENJOY!!!!

### October Office Hours

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10:00am-12:00pm	2 Closed <b>Generator Testing</b>	3 4:00pm-6:00pm	4 Closed
7 8:00am-10:00am	8 Closed	9 4:00pm-6:00pm	10 Closed	11 10:00am-12:00pm
14 <b>Happy Thanksgiving</b> 	15 8:00am-10:00am	16 4:00pm-6:00pm <b>Generator Testing</b>	17 Closed	18 10:00am-12:00pm
21 Closed	22 4:00pm-6:00pm	23 Closed	24 10:00am-12:00pm	25 8:00am-10:00am
28 Closed	29 4:00pm-6:00pm	30 Closed	31 8:00am-10:00am <b>HAPPY HALLOWEEN</b>	November 1 <sup>st</sup> 10:00am-12:00pm