

Valley Highlights

MYER CHERNEY HOLDINGS LIMITED

August 2022

Of Local Interest... There are many great activities happening in and around the Peterborough region all summer long! Listed below, are some fun events/activities happening for the month of August that you and your family may enjoy.

Peterborough Musicfest... Here are a few great shows that Peterborough Musicfest has lined up at Del Crary Park each night beginning at 8pm...

Wednesday Aug 3 - Suzie McNeil & JJ Wilde

Saturday Aug 6 – Valley & Alyssa Reid

Wednesday Aug 10 - The Strumbellas

Saturday Aug 13 - Chicago Transit – A Tribute to Chicago

Wednesday Aug 17 - Hotel California Eagles Tribute

And the best part, it's FREE! For more information visit their website

www.ptbomusicfest.ca

Riverview Park and Zoo... Looking for something fun to do this Summer? **Visit the Peterborough Riverview Park and Zoo!!** For decades, the Riverview Park and Zoo has attracted approximately a quarter of a million visitors a year. And no wonder - the zoo features 27 exhibits, with over 45 species, including Two-Toed Sloths, Yaks, Camels, Wallaby, Emu, Crocodiles, Macaw, Lemur, Squirrel Monkey, Plated Lizard and Meerkat.

* *Free admission and parking* * Open year-round, 8:30 am to dusk

* Over 55 acres of scenic riverfront park and zoo exhibits

* 15-minute ride on a vintage miniature train for only \$2 each, children under 2 years of age ride free (Please Note: ticket sales at the train station are cash, debit, and credit)

* Fabulous children's playground including water splash pad * Over 27 exhibits and 45 species of animals

* Large picnic area along Otonabee River with picnic tables

* Disc Golf course in the North end of the park (Just bring a frisbee)

* F-86 Sabre Jet

* Totem pole

* Guest Services & souvenir shop

* Snack bar open May to September

Peterborough Farmers' Market... It opens every Saturday year-round and offers a wide variety of locally-sourced products, basically everything from fruits and veggies, honey, meat and prepared food to crafts and flowers. Visitors refer to the market as a delight to the senses. Hours are Saturday 7am – 1pm located at 136 Lansdown St, Peterborough

Don't Make Yourself an Easy Target...

As a reminder, when parking your vehicle, please ensure all windows are closed and the doors are locked. To prevent thefts, do not leave keys and/or valuable items in your vehicle.

Light Fixtures...

Tenants who consider replacing light fixtures and/or install ceiling fans within their rental unit, must first obtain the Landlords prior approval and, installation must be conducted by a licenced and insured electrician.

A Simple Reminder...

The Residential Tenancies Act, 2006 is structured in a way that there are responsibilities imposed on tenants which include, not to substantially interfere with the reasonable enjoyment of the premises by other tenants. When tenants, occupants or guests create excessive noise, they are breaching this legal obligation to not disturb other tenants in the building. Building quiet hours are between 11pm and 8am each and every day! Be a considerate neighbour!

August Generator Testing...

Scheduled testing of the generator will take place twice in August; the 3rd, 17th and 31st. Please keep your doors and windows shut and refrain from using exits at the southwest end of the building.

Tenant Parking...

It's been observed, tenants who have their own assigned parking spaces in the underground parking garage are regularly parking their vehicles in the visitors parking area. In order to ensure there is ample parking available for visitors and/or contractors of Valley High 2, tenants are reminded to ALWAYS park their vehicles in their own assigned parking space(s).

Diana's Kind Quote of the Month

**Life Doesn't Require
That We Be The Best...**

**Only That We
Try Our Best!!!**



August Office Hours

Monday	Tuesday	Wednesday	Thursday	Friday
1 Office Closed Civic Holiday	2 12:30pm - 2:30pm	3 12:30pm – 2:30pm Generator Testing	4 12:30pm – 2:30pm	5 Office Closed
8 Office Closed	9 12:30pm - 2:30pm	10 12:30pm – 2:30pm	11 12:30pm – 2:30pm	12 Office Closed
15 Office Closed	16 12:30pm - 2:30pm	17 12:30pm – 2:30pm Generator Testing	18 12:30pm – 2:30pm	19 Office Closed
22 Office Closed	23 12:30pm - 2:30pm	24 12:30pm – 2:30pm	25 12:30pm – 2:30pm	26 Office Closed
29 Office Closed	30 12:30pm - 2:30pm	31 12:30pm – 2:30pm Generator Testing		

Senior Centre Without Walls Activity Program

What is Senior Centre Without Walls you ask?

Through the use of multi-person phone calls, SCWW provides the opportunity for greater Peterborough area senior adults to enjoy health and wellness seminars, educational lectures, brain stimulating activities, listen to live musical entertainment, join general conversations, and make new and meaningful friendships – **all from the comfort of your home!**

Upcoming activities include guided chair exercises, stress busters, tea and inspirational chats. To register or for additional information, contact 705-876-1670 or email hannahpeart@activityhaven.com

SCWW August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
1 Civic Holiday	2 Chair Yoga 1:00pm – 1:30pm	3	4 Tea & Inspirational chats with Hannah 1:00pm – 1:30pm	5 Stress Busters 9:00am – 9:30am
8 Chair Exercise 9:30am – 10:00am	9 Chair Yoga 1:00pm – 1:30pm	10	11 Tea & Inspirational chats with Hannah 1:00pm – 1:30pm	12 Stress Busters 9:00am – 9:30am
15 Chair Exercise 9:30am – 10:00am	16 Chair Yoga 1:00pm – 1:30pm	17	18 Tea & Inspirational chats with Hannah 1:00pm – 1:30pm	19 Stress Busters 9:00am – 9:30am
22 Chair Exercise 9:30am – 10:00am	23 Chair Yoga 1:00pm – 1:30pm	24	25 Tea & Inspirational chats with Hannah 1:00pm – 1:30pm	26 Stress Busters 9:00am – 9:30am
29 Chair Exercise 9:30am – 10:00am	30 Chair Yoga 1:00pm – 1:30pm	31		