

Valley Highlights

MYER CHERNEY HOLDINGS LIMITED

FEBRUARY 2024

Building Heating System... We would like to take this opportunity to share some information with you regarding the heating system at Valley High II. Heat is distributed to your rental unit by way of a hot water boiler system. Hot water radiators are made from metal because it's an excellent conductor of heat. Hot water travels through the radiator and the exterior fins naturally heat up. As the air around the radiator heats up, it rises up and out of the way; new cooler air comes in to take its place. A rotational current of air forms around the radiator causing all the air in the room to slowly heat up. The hot water radiators are located directly underneath the living room and bedroom windows. Extremely cold air coming in through open windows condenses on the metal radiator pipes and poses a serious threat of frozen water pipes, which causes pipes to burst, triggering a flood.



Thankfully, so far this year, winter weather conditions have been quite mild. However, frozen water pipes are a serious threat during the winter months. Avoid opening windows under exceptionally cold conditions and **never** turn the heat off completely in your unit. To help prevent freezing and/or bursting pipes, throughout the winter months it is recommended tenants turn up the thermostat within their rental unit once daily to allow flow of hot water. To resolve a persistent issue with too much or too little heat, fill out and submit a request for maintenance form immediately. This form allows Myer Cherney Holdings Ltd. staff permission to access your unit to effect repair.



Fire Safety Begins with You....

Are you prepared if there were a fire at Valley High II? Would you know what to do in the event of fire? With the influx of high-rise apartment building fires, here are a few good reminders:

- Fire drills are typically scheduled annually in the fall. We encourage, and it is highly recommended all tenants participate; though it is not mandatory. By participating, it will help prepare you if the need to evacuate should ever arise.
- Familiarize yourself with the location of all available exit stairways located in both the east and west towers on each floor in the event the nearest one is blocked by fire or smoke.
- **To stay or to go:** Most of the time, the best thing to do in a fire is leave the building as soon as possible. But in some cases, you may not be able to leave and you may have to stay in your rental unit. Whether you decide to stay or go, you must act quickly and protect yourself from the smoke.



Diana's Kind Quote of the Month

The 3 C's of life:
CHOICES, CHANCES, CHANGES.

You must make a
choice to take a chance
or your life will never change.

2023 Tax Receipts...

Please contact Diana at Valley High 2 or Jamie at the main office to request your 2023 rent receipt for income tax purposes. Allow at least one week for processing.

Buddy System...

In the event of an emergency situation, it would be beneficial for Valley High 2 tenants to have a buddy system in place. A buddy system could be a neighbour or friend living in the building who would be willing to check up on one another in emergency situations, particularly in time of illness.

February generator testing...

Please keep your doors and windows shut and refrain from using the exits at the southwest end of the building; Generator testing for February is scheduled for the 14th and 28th.

Lock Outs & Lost Keys....

Due to unfortunate circumstances, tenants may get locked out of their apartments or even lose their keys. We are fortunate to have after hour emergency on-call services; however, lock outs, and lost keys are not considered an emergency. For any lockouts, tenants will be invoiced and responsible to pay for the service call.

Request for Maintenance...

These forms are always available and located just outside the Valley High 2 office door. Your Name, unit #, date and a description of the work required must be filled in. Maintenance staff **WILL NOT** attend any rental units upon verbal requests, unless it is an emergency situation.

Celebrations...

Congratulations and a shout out to those who may be celebrating a special occasion this month!

Peterborough Snofest...

Stay busy this Family Day long weekend with fun activities that you can do with your friends and family of all ages to get active outside! The annual Peterborough Snofest is happening from February 16 to February 19th. For more information please visit: <https://www.peterborough.ca/en/explore-and-play/snofest.aspx>

Valley High 2 Office Hours: Tuesdays, Wednesdays, and Thursdays: 12:30pm – 2:30pm

Telephone: 705-742-6047.

Main Office will be closed on Monday, February 19, 2024 for Family Day.



Happy Family Day!



Some fun Facts from the National Geographic, "Kids Weird but True" Book...

- The first candy canes were made without stripes
- A snowflake can take up to two hours to fall from a cloud to the ground
- A man dressed as Santa Clause went skydiving over the North Pole
- The tallest known snowman was higher than a 12-story building
- 8,962 people made snow angels at the same time on the grounds of the North Dakota State Capitol in the U.S.A.
- The North Pole is warmer than the South Pole
- Almost 90% of snow is air
- It gets so cold in Siberia that your breath can turn to ice in midair
- Winter lasts for 21 years on Uranus
- There are 31,556,926 seconds in a year
- Mike the chicken lived for 18 months without a head from 1945 to 1947
- Every day is about 55 billionths of a second longer than the day before it
- The longest Monopoly game played in a bathtub lasted 99 hours.
- Some snails can sleep for three years.
- Earth traveled more than 5,000 miles (8,047km) in the past 5 minutes
- The year 2039 is the next time you can see a full moon on Halloween.
- The most overdue library book was 288 years late.

Have some fun with family and friends by sharing these fun trivia facts!!



Tenant Reminders

- Lost and/or stolen building keys are subject to an administration and replacement fee.
- A minimum of 24 hours advance notice is required to book the service elevator.
- All pets must be leashed at all times when in the common areas of Valley High II and/or on the grounds. Please don't forget to stoop & scoop.
- Do not throw items off your balcony.
- A request for maintenance form must be fully completed, dated and signed. The yellow and white copies of the request form are to be placed in the VHII office mailbox, and will be addressed in a timely manner and in order of urgency.
- Tenants must park in their own assigned parking spaces. Failure to do so, will lead to a notice being left on the vehicle. For repeat offenders, the vehicle is subject to being ticketed and/or towed away at the vehicle owner's expense.
- **Are You Covered?** It is the responsibility of the tenant to maintain adequate insurance coverage for tenant's legal liability and upon the tenant's personal contents as against fire, theft, and water damage risk. If you are planning a vacation, or even if you are going to be away from your apartment for an extended period of time, it may be a good idea to have a friend or neighbour check your apartment during your absence.

Baked Caramelized Onion Triple Cheese Dip

Ingredients:

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| 2 tablespoons unsalted butter | 1 yellow onion, finely chopped |
| 4 cloves garlic, roughly chopped | 2 cups shredded Cheddar |
| 1 cup shredded Gouda | 1 cup shredded Havarti cheese |
| 2 tablespoons whole milk | Chopped fresh chives, for garnish |

Instructions:

1. Preheat the oven to 425 degrees F.
2. Heat the butter in a small cast-iron skillet over medium-high heat, Add the onion and cook, stirring occasionally, until softened and starting to brown, about 8 minutes. Add the garlic and cook, stirring for 30 seconds. Top the onion mixture with the cheeses. Add the milk and stir everything to combine.
3. Place the skillet inside a roasting pan or baking dish and fill the pan with enough hot water to come halfway up the sides of the skillet. Transfer to the oven and bake until the cheese is melted and gooey, 20 to 25 minutes. Sprinkle with chives and serve immediately with crackers or bread.

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