

VALLEY HIGHLIGHTS

MYER CHERNEY HOLDINGS LIMITED

October 2023

Happy Thanksgiving!!! We would like to wish everyone a safe and happy Thanksgiving! The office will be closed on Monday, October 9, 2023.

Fall Smoke Detector Blitz... Our maintenance team will require access to all rental units for the purpose of changing batteries and testing the smoke detectors during our annual FALL SMOKE DETECTOR BLITZ on Tuesday, October 17th for floors 1 – 4 and Thursday, October 19th for floors 5 - 8. Remember, smoke alarms save lives!

Volunteering... Have you been thinking about volunteering, but not sure where to start? Volunteer Peterborough can help!

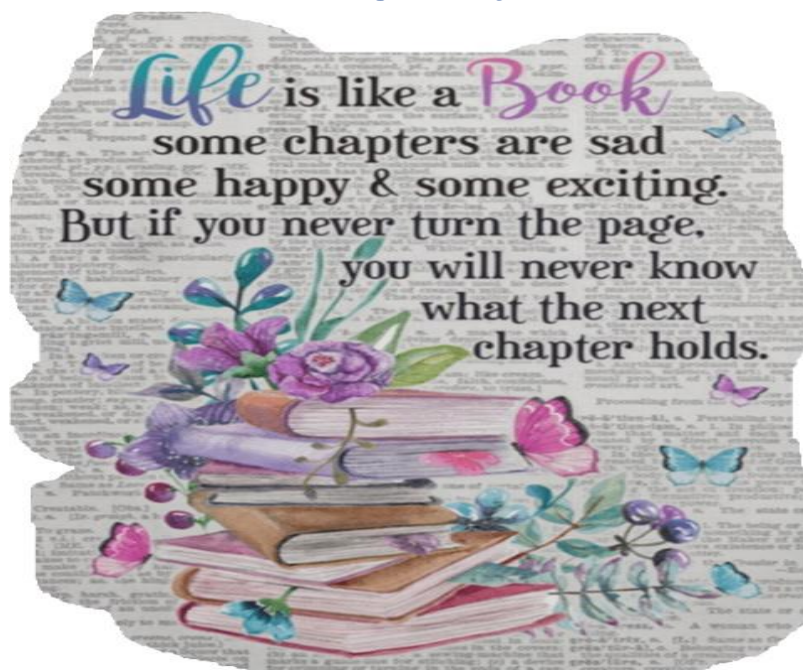
VolunteerPeterborough.ca is a match-making portal that works like a dating site to align volunteers' interests and timelines with organizations who could use their help. Volunteering with the right organization for you is the most rewarding way to share your skills and to enrich your life. Volunteers perform best when they feel valued, connected and needed. For more information email: info@volunteerpeterborough.ca

Friendly Reminders...

- **Air Conditioning Units:** It is inevitable that colder weather conditions will approach. Therefore, we would like to remind all tenants their air conditioning units should be removed by October 15th. If you require assistance with removing your air conditioning unit, please fill out a work order and maintenance will be happy to help.
- **Balconies:** If you have a breathable rug on your balcony, it should be removed by October 15th. No other carpeting, decking and/or any mats are permitted on the balcony as it can damage the concrete. If you have seasonal furniture on your balcony, you may want to consider storing it indoors during the winter months to help protect it.

Upcoming CLOSURE to Laundry Room... Please take note - there is some up and coming work required in the laundry room. To accommodate the necessary work, the laundry room will be closed for approximately four days. Details will be posted at the building once we have confirmation of the closure dates...so stay tuned!

Diana's Kind Quote of the Month



Valley High 2 Office phone number: 705-742-6047
Hours – Tuesday, Wednesday, and Thursday 12:30pm – 2:30pm

Hallowe'en Goodies...

On October 31st there will be treats offered in the common area lounge. If you are not feeling well, we ask you to please not participate in this event.

October Generator Testing...

Scheduled testing of the generator will take place on the 11th and 25th. Please keep your doors and windows shut and refrain from using exits at the southwest end of the building.

Summer Plants...

If you have plants to dispose of please bag them first, before taking down to the garbage room. This will eliminate fallen leaves and dirt that would otherwise be left behind.

Afterhours Emergencies...

Should you have an emergency outside of our regular business hours, please call 705-876-1717 and press '5'.

Fall Back...

Remember to turn your clocks back one hour on Sunday, November 5, 2023 before going to bed.

Annual Fire Drill...

October is National Fire Prevention Month and, Trent Security Systems staff will be at Valley High 2 on **Tuesday October 31st beginning at 9:00am** to conduct the Annual Fire Drill. We encourage all tenants to participate in the Fire Drill. Notices will be posted throughout the building.

Take Pride in Where You Live...

Please be considerate and do not litter outside of the building with cigarette butts. There are 5 cigarette disposal receptacles conveniently located around the premises for your use. Flicking lit cigarettes onto a dry area can easily start a fire and, the toxins pose a serious threat to us and our environment as they leach into our natural systems.



Recipe of the Month... FRIENDSHIP: You take a bit of sunshine, and mix it with a smile, add human understanding as you travel every mile. And then you add some loyalty, which mingles in so well and blend it with a voice that has some cheery news to tell.

And don't forget some sympathy, for other people's woes, and lots of human nature everywhere a person goes. Plus, love for ordinary folks who have no wealth to give, and dignity with which everyone has got the right to live.

Then add to these a hand clasp strong, measure out some truth and willingness to help the old, plus time for the eager youth.

Now stir them all together, and your task is at an end. For all these combine to make life's greatest gift – a friend.

Upcoming Events!

SPOOKTACULAR HALLOWEEN
IN THE BOOOOORO
 SATURDAY OCTOBER 29TH
 8-11 PM ZOMBIE GAME! 18+
 5-8 PM KID FRIENDLY EVENTS

FREE EVENT

SATURDAY, 29TH OCTOBER DOWNTOWN PETERBOROUGH, ON HALLOWEEN HUNT STARTS AT BLACK HONEY (SELF-GUIDED. ANYTIME BETWEEN 5-8PM)
 TRICK OR TREATING 5PM-8PM
 (LOOK OUT FOR THE PUMPKINS AND DECORATED STORE WINDOWS)
 ZOMBIE GAME AT PETERBOROUGH SQUARE 8PM-11PM (18+)

TRICK OR TREATING LATE NIGHT SHOPPING HALLOWEEN HUNT
AND MAYBE A FEW GHOULS

FRIGHTFUL FUN
COME DRESSED UP ... IF YOU DARE
 The **BORO**

Featuring 20 downtown restaurants all serving an over-the-top mac + cheese dish all competing for your votes.

**PETERBOROUGH
 MAC+CHEESE
 FESTIVAL**

For a map of restaurants and more information please visit:
www.ptbomacandcheesefest.com

Garlic Potatoes Gratin

Ingredients:

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|--|-------------------------|
| 3 pounds red potatoes, peeled and sliced | 3 tbsp. butter |
| 6 ounces Gouda cheese, shredded, divided | 5 cloves garlic, minced |
| 1 ½ cups heavy cream | 1 tsp. salt |
| ½ tsp. black pepper | |



Directions:

1. Preheat oven to 325 degrees F (165 degrees C). Lightly grease a 9x13 inch baking dish
2. In the prepared dish layer ½ of the potatoes, ½ of the cheese, then the remaining potatoes
3. Melt the butter in a small skillet over medium heat. Saute garlic until fragrant and golden brown; pour over potatoes
4. Combine cream, salt and pepper; pour evenly over potatoes and sprinkle with remaining cheese.
5. Bake in preheated oven for 75 minutes. Serve immediately.