

VALLEY HIGHLIGHTS

MYER CHERNEY HOLDINGS LIMITED

JANUARY 2026

Happy New Year!!!... wishing you and your family a very healthy, happy and successful 2026! – *The Management & Staff of Myer Cherney Holdings Ltd.*

“You are never too old to set another goal or to dream a new dream.” – C.S. Lewis

Tenant Insurance... is an affordable way to protect yourself – and, if desired, your belongings – against unexpected accidents. As outlined in your tenancy agreement, liability insurance is required for all residents. To keep our records current, please ensure that proof of your insurance coverage is submitted annually.

PETS and ELEVATOR ETIQUETTE:

- **Dogs should always enter the elevator after their human companion.**
 - This prevents pets from rushing in ahead of others and helps avoid unexpected interactions with fellow residents.
- **Wait for others to exit before entering.**
 - Allowing space for people to leave first keeps traffic flowing smoothly.
- **Keep leashes short and pets close by.**
 - This ensures better control and minimizes the chance of accidental contact.
- **Be mindful of noise and space.**
 - Elevators are shared spaces – courtesy makes the ride more pleasant for everyone.

ADDITIONALLY:

- For everyone’s comfort and safety, **please keep pets on a leash and under control at all times. This applies to anywhere on the property – inside and outside.**
- We love our furry friends, but only service dogs are permitted in the party room, lounge, games room, laundry facilities, and gym.

Off-Leash Dog Parks... Is your fur baby feeling cooped up in apartment life? Wish they had more room than the tennis court to stretch their legs? Imagine the joy of bunny-hopping through snow and feeling the wind in their ears? Good news – Peterborough has several off-leash dog parks where your pup can run, play, and explore safely. Check out the local list and give your dog the space they deserve.

- * Peterborough Dog Club Off-Lease Dog Park: 1880 Ashburnham Dr. Peterborough
- * Peterborough Animal Care Centre Off-Leash Dog Park: 1999 Technology Dr. Peterborough
- * Peterborough West Animal Hospital Off-Leash Dog Park: 2605 Stewart Line, Cavan Monaghan



SPECIAL THANK YOU

This year’s Christmas tree decorating was a wonderful success, and we extend our sincere thanks to everyone who helped plan and assist. It was a joy to see so many tenants and guests gather in the lobby lounge, enjoying Christmas music, snacks and drinks while decorating together.

We also wish to thank all tenants for contributing to an outstanding Christmas potluck. Your participation and holiday spirit made this season truly memorable!

2025 TAX RECEIPTS...

Please contact Diana at Valley High 2 or Jamie at the main office to request your 2025 rent receipt for income tax purposes. Allow at least one week for processing.

REQUEST FOR MAINTENANCE...

Repair forms are available outside the Valley High 2 office. Your name, unit #, date and a description of the work required must be filled in. Maintenance staff WILL NOT attend any units upon verbal requests, unless it is an emergency situation.

JANUARY GENERATOR TESTING...

is scheduled for January 14th and January 28th. Please keep your doors and windows shut and refrain from using the exits at the southwest end of the building.

IN THE EVENT OF AN EMERGENCY outside of our regular business hours call 705-876-1717 and press ‘5’. No heat, plumbing and electrical issues are classified as an emergency. Noise complaints are NON-EMERGENCY.

CELEBRATIONS...

Congratulations to anyone celebrating a special occasion this month!

Valley High 2 Office Hours: Tuesdays, Wednesdays, and Thursdays: 12:30pm – 2:30pm
Telephone: 705-742-6047. Main Office will be closed on Thursday, January 1, 2026.



Be Proactive... No one likes unwanted visitors in their apartment. A quick check in common hiding spots can make a big difference. Cockroaches often hide in kitchen cabinets, behind appliances, or under sinks. They are especially attracted to cardboard, so please ensure all unused boxes are broken down and placed in the recycling. Taking a few moments now helps keep your home comfortable and pest-free.

Bed bugs often hide around the edges of mattresses and inside box springs, and they are most active at night. When changing your bedding, take a moment to check the edges of your mattress. A quick peek can help you spot early signs and prevent unwanted issues.

Diana's Kind Quote of the Month



Always remember that your present situation is not your final destination. The best is yet to come.

Turkey Divan

Ingredients

2 (10-ounce) packages frozen broccoli spears	¼ cup butter
6 tablespoons all-purpose flour	Salt and pepper to taste
2 cups chicken broth	½ cup heavy whipping cream
3 tablespoons white wine	3 cups cooked turkey breast, sliced
¼ cup shredded Monterey Jack cheese	Freshly chopped parsley for garnish

Optional: Sprinkle buttered bread crumbs or crushed crackers on top before baking for a crunchy texture.

Instructions:

1. Gather the ingredients.
2. Place broccoli in a saucepan with 4 cups water. Bring to a boil; reduce heat, cover, and simmer until tender, 5 to 8 minutes. Drain. Preheat oven to 350 degrees F (175 degrees C).
3. Melt butter in a saucepan over medium heat; stir in flour, salt, and pepper and mix well. Pour in chicken broth; cook and stir until sauce thickens and bubbles, about 10 minutes. Add cream and wine; stir until well-combined.
4. Arrange broccoli on the bottom of 7x12-inch baking dish. Pour half of the sauce over the broccoli. Top sauce with sliced turkey.
5. Stir Monterey Jack cheese into the remaining sauce in the saucepan. Pour cheese sauce over the turkey.
6. Bake casserole in the pre-heated oven until bubbly, about 20 minutes. Broil until cheese sauce is golden, about 5 minutes. Garnish with freshly chopped parsley.
7. Serve over rice or noodles if desired.